



1

child's play

If something is child's play, it means it's such a simple and easy task, even a child could do it.

"If you're not confident at cooking, I have a really simple recipe for tomato soup. It's child's play."

2

sleep like a baby

To sleep like a baby is to sleep really well.

"People who say that they sleep like a baby have obviously never had children!"

3

out of the mouths of babes

People used to use this idiom when a child would say something surprisingly intelligent or wise. Nowadays, it is used in a more sarcastic sense, when a child says something brutally honest.

"Grandma, your hair reminds me of a bird's nest... Thank you, sweetie. Out of the mouth of babes!"

4

new kid on the block

In English, we often refer to children as kids. If we describe someone as being the new kid on the block, it means that they are new to the company, team or organisation, and they don't yet know how everything should work.

"Lucy is the new kid on the block so please make her feel welcome in the team."

5

smooth as a baby's bottom

Extremely smooth and soft with no flaws or imperfections.

"This fabric is so silky, it's as smooth as a baby's bottom!"

Practice activity

Fill in the spaces with an idiom from the list above.

1. I love the texture of peaches. They feel as _____ .
2. Sam learned to play the guitar in less than a year. He said it was _____
3. Luke is training a new starter at work. It can be hard to be the _____ .
4. I'm absolutely exhausted. I'm going to _____ tonight!

Answers

1. smooth as a baby's bottom
2. child's play
3. new kid on the block
4. sleep like a baby



Study more idioms
with our
Essential English Idioms
course in the
Intrepid English Academy!

