



# Small Talk Audio Course Season 1

## **Episode 1: What is Small Talk? (Part 1)**

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### **Lesson objective**

In the audio lesson you are introduced to the art of small talk.

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### **What is Small Talk?**

The Merriam-Webster online dictionary defines small talk as “light or casual conversation.” Small talk refers to the polite conversation we make with people. It allows us to build upon existing relationships and avoid uncomfortable silences.

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### **Who do we make small talk with?**

We engage in small talk with people we don't know very well, people that we are meeting for the first time, people that we work with and bump into, and people that we see from time to time.

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